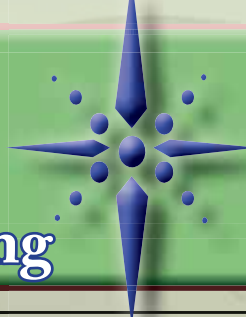


Morning Star

Center For Spiritual Living

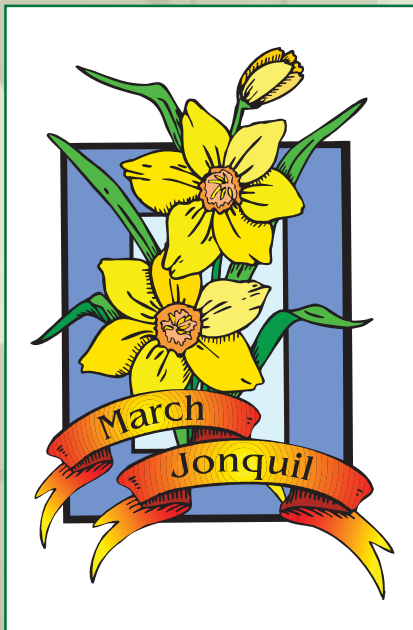


MARCH ♦ Creating Opportunities for Spiritual Growth & Development ♦ 2009

Speakers

March Facilitator:

Alan Atkinson



March 1

Barbara L. Clayton

"The 7 Levels of Consciousness and How They Effect the Physical Plane"

Barbara will discuss the Seven Levels of Consciousness and how they overlap and intersect making up our spiritual, mental and emotional bodies. Barbara holds a Master's Degree from Oklahoma State University. Trained and certified in several polarization therapy modalities, her practice focuses on the restoration of core energies on the cellular and subcellular levels. She has 38 years medical experience, the last 19 as a certified holistic healthcare practitioner. Published in five fields of study, Barbara also is tribally trained in Shamanic Medicine and is a licensed minister, fully recognized, by the State of Oklahoma.

Meditation: Karen Marx

March 8

Joe Ted Miller

"Looking for the More - Untangling the God Cover-up"

Joe Ted Miller, retired Episcopal minister and current nanny, will give us a peek into the spiritual lessons about God he is learning from the shared experiences and questions posed by his toddler grandchildren during bath and play time such as: What does God is everything mean? Where's God? Is God a He or a She? These and many more inquiries are leading to what Joe Ted refers to as his own "Bathtub Theology".

Meditation: Sue Britton Crites

March 15

Dr. Gary Cone

"Essene Prophecies for Our Time"

Dr. Gary Cone will share some of the prophecies of the Essenes and relate what these prophecies mean for our lives today. The Essenes were a Jewish religious group that flourished from the 2nd century BC to the 1st century AD. This group prophesied that WE would be the people who walked between the worlds. Gary's Sunday morning talk will stand alone but will also help round out a more complete picture when combined with information he will be presenting in the 2012 Mayan Calendar Workshop following the service. [See page 4 for more workshop details.]

Meditation: Charlotte Hayes

March 22

Cynthia Wolf

“Songs That Touch the Soul”

Cynthia Wolf is a visual and performing artist and owner of the Adelante! Gallery in the historic Paseo Arts District in Oklahoma City. Cynthia is a multi-faceted artist. For her time with us at Morning Star she will be sharing a collection of songs that have meaning for her. We are honored to receive her gifts of music and look forward to the connection and meaning her work inspires in us as well. Cynthia also invites us to view her artwork of sacred images on tiles of the Virgen de Guadalupe and Buddha... plus western landscape photos at www.cynthiadanielwolf.com.

Meditation: Margaret Cejda

March 29

Linda Bolby

“The Power of Positive Thought”

Linda Bolby M.D. is author, psychiatrist and founder of Red Earth Publishing, Inc. She will be sharing with us how our thoughts determine our health, emotions and reality. For more information about Dr. Bolby's work check out her website (<http://www.redearthpublish.com/redearth/>) and her YouTube video describing her book Renaissance Woman at http://www.youtube.com/watch?v=m9DZ_LDdXq4

Meditation: Gina McCook

April 5

Kim Milton

“Faith and Science: A Physicist Looks at Religion”

Before the scientific age, religion helped explain the role of man in the universe, and explain how the world came to be the way it is. Since the time of Copernicus, Kepler, Galileo, and Newton, we've been increasingly able to understand the universe in mechanistic terms. This talk will deal with the history of our growth in understanding, up to our present picture of the universe accelerating 14 billion years after the Big Bang and of the Standard Model of the fundamental forces and particles. Where does God fit in this?

Meditation: Licia Iverson



Morning Star Children's Program

The Spiritual Education Program explores Core Values/Virtues/Spiritual Concepts such as Abundance, Creativity, Compassion, Assertiveness, Attitude, Forgiveness, Mindfulness, Flexibility Enthusiasm, just to name a few. Each week we will introduce a Core Value/Virtue/Spiritual Concept, a meditation designed especially for children, and a craft activity or experience, to further explore the day's concept. A light snack is provided.

Morning Star Children's programs begin at 10AM each Sunday and include a spiritual theme for each week. The week's theme is explored using a combination of stories and parables from the world's major religious traditions, short exercises in yoga and meditation, and craft activities.

Morning Star Children's Program takes place in the basement of the Senior Center. Doors open at 9:45. If you would like more information regarding the children's program please see a committee member: Angela Cejda, Abby Lasiter, Susan Atkinson, Licia Iverson, or Dylan Oaks.



Spiritual Cinema Night

***Friday, February 27th: Off the Map (* Substitution for March)**

(Campbell Scott, 2003) 105 min.

This independent film tells the offbeat story of a family living an unconventional life in New Mexico in the mid-1970s. They have dropped out of mainstream culture to live the simple life. But the father of this atypical family, played by Sam Elliot, is suffering from a depression that his wife (Joan Allen) and young eleven-year-old daughter are struggling to understand. When an IRS agent comes to audit the family, everyone has a chance to make new discoveries about their decisions and desires.



Friday, April 3rd: Across the Universe

(Julie Taymor, 2007) 133 min.

Using a fresh-faced cast, this visually stunning musical re-imagines a wide-range of Beatles songs in the context of a love story set against the backdrop of the political and social turmoil of the 1960s. Unlike the abysmal Sgt. Pepper's Lonely Hearts Club Band (1978) which

bent the Beatle's songs to fit a bizarre, yellow-submarine-like plot, *Across the Universe* manages to provide a context that allows for a more full exploration of and appreciation for the complexities of their songs. While somewhat uneven, I'm sure the film will invite lots of comment and debate.

All screenings will begin at 7 PM at Therapy in Motion and will be followed by a discussion facilitated by Katrina Boyd, a film studies professor at OU. Some snacks will be provided, but please feel free to bring more to share. The space is big but there are some seating limitations, so feel free to bring a comfortable lawn chair if you would like.

Directions to Therapy in Motion (2475 Boardwalk): Boardwalk is between Main and Robinson. From West 24th, turn west onto Boardwalk, the building is on your right. For a map, go to www.therapyinmotion.net and click on "location."

Come and Enjoy!

—**Katrina Boyd**
University of Oklahoma
Film and Video Studies



Morning Star Media Fair and Pot Luck Sunday: April 26th

The Morning Star Media Fair/ Pot Luck Sunday has been scheduled for April 26th following the Sunday service. We invite everyone to bring a dish to share and spiritually related books, videos, DVD's, etc. to discuss and donate to the Wisdom Collection.



Mark Your Calendars!



2012 and the Mayan Calendar Workshop

Who: Gary Cone, Presenter
When: March 15th 1:00 - 4:00 p.m.
Where: Therapy In Motion (2475 Boardwalk)
Cost: \$20.00 per person

Gary Cone, one of our most treasured Morning Star Speakers, will be presenting a workshop explaining the true meaning of the Mayan Calendar and how it is relevant to us today. The calendar is a non-ambiguous time line never before known to human kind. It is the first time humanity has had an unambiguous (we don't need an interpreter to tell us what it means) document (in this case left artifacts and glyphs) that tell us

where we have been, where we are now, and where we are going and when we will get there. The information is clear, unmistakable and for all humanity – not just for the Mayans. If it were just a Mayan Calendar it might be interesting, but to have relevance for us now it has to be for all human beings – and it is.

Gary states, *“For me personally, it has answered many questions concerning why us? why now? as well as explaining what is happening in our world today and why. It also tells us what to look for in the next few years and gives us clarity about what each of us needs to be focused on in order to make this time more productive. It makes sense out of the chaos that we are currently swimming in. Anyone with an encyclopedia or access to the internet can verify for themselves the accuracy of their predictions. It is mind blowing, actually.”*

Winter Crew

Volunteer Coordinator:
Lew Blockolski

**March Setup/Takedown is
Team #1:**

Alan Atkinson
Lew and Ginger Blockolski
Susan Sharp

Financial Report

01/01/09 - 01/31/09

Income:	\$ 1,834.00
Expenses:	\$ 1,900.34
Net Total:	- \$ 66.34

We hope to
see you soon.

Sunday Celebration
Services 10:00am;
329 S. Peters
(Downtown
Norman)

